



**EPIC FITNESS**  
UPGRADE YOUR LIFE

# **Metabolic Class Schedule: July - September 2021**

**Tuesday - 6pm**

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**Wednesday - 7am**

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**Thursday - 6pm**

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**Friday - 7am**

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**Saturday - 9am**

[EpicFitnessUtah.com](http://EpicFitnessUtah.com) 385-270-9977